St Brides/Marloes
Half Day + Walk

SCALE: 0 400 800 m
DISTANCE/DURATION: 4.6 miles (7.5 km) 2 hours
PUBLIC TRANSPORT: Service bus Marloes 315/316, *Puffin Shuttle 400 (*seasonal, hail & ride)
CHARACTER: Reasonably level, fields and livestock, stiles (5), can be muddy in places
LOOK OUT FOR: Iron Age Promontary Fort • St Brides Castle and Church

SAFETY FIRST!
• Take great care when on the Coast Path
• Stay on the path and away from cliff edges
• Wear boots and warm, waterproof clothing
• Take extra care in windy and/or wet conditions
• Always supervise children and dogs
• Leave gates and property as you find them

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**Grid ref:** SM803109

*From neolithic times to the Iron Age - a walk rich in history*

**Look out for:** Iron Age Promontory Fort, St Brides Castle and Church.

There are many hut circles where flints and pottery have been found in this area. On Nab Head there was even a Neolithic flint factory, and at Tower Point a large Iron Age promontory fort. Two sides of the fort are protected by steep and dangerous cliffs and the approach is defended by a bank and a ditch.

There are good views out to Skomer, a National Nature Reserve celebrated for its bird colonies, and back along the coast to St Davids Head. St Brides Castle is actually a nineteenth century baronial country mansion with a castellated outline and 93 acres of mature parkland.

The tiny church of St Brides stands on the edge of St Brides Haven overlooking the sea.

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