Pembrokeshire Coast National Park
Llanwnda/Goodwick
Short Walks

**SCALE:**

DISTANCE:
- **LLANWNDA, CARNFATHACH** - 3.0 miles (4.8 km)
- **LLANWNDA, GARNWNDA** - 0.8 miles (1.3 km)
- **LLANWNDA, FEIDR PONTIAGO** - 2.0 miles (3.2 km)
- **GOODWICK** - 1.6 miles (2.6 km)

**PUBLIC TRANSPORT:** Service bus Goodwick 411, 410 (Fishguard Town Service), *Strumble Shuttle 404* (*seasonal, hail & ride*), Railway terminus at Ferry port

**SAFETY FIRST!**
- Take great care when on the Coast Path
- Stay on the path and away from cliff edges
- Wear boots and warm, waterproof clothing
- Take extra care in windy and/or wet conditions
- Always supervise children and dogs
- Leave gates and property as you find them
Llanwnda/Goodwick

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Llanwnda

Distance: 3.0 miles (4.8 km)
Grid ref: SM931403
Character: Rugged cliff top walking, fields and livestock, can be wet in places.

15 stiles, steps.
Walk ahead on road, bearing right on to track and turn left at fingerpost. Follow track to right (look for waymark post) and at fingerpost cross stile. Cross field, aiming for stile opposite, cross it, and take enclosed path opposite. At gate go straight ahead across field, aiming for gate opposite. Cross stile and follow field edge path, with hedge on right. At corner of field, follow obvious path, signed by fingerpost and waymarks, to right across field. Cross stile, turn right on to Coast Path, follow it round over Carnfathach and at fingerpost, turn right back inland. Follow path through scrubby woodland and, at fingerpost turn left. At next fingerpost turn right, then bear right at fork and at next fingerpost turn right. Follow gravel, then tarmac access track, until a fingerpost on right. Turn right through gate, through next gate, then turn right at access track. Straight on to stile, cross field to stile opposite, follow path to next stile, cross field to stone stile opposite and straight on to stile in opposite corner. Cross it and stile opposite and follow path to stile. Cross stile and turn right along headland path, keeping hedge on right, crossing stiles. When hedge bends to right, go straight ahead to stile between houses, cross it and bear right back to road.

Llanwnda, Carnfathach

Distance: 0.8 miles (1.3 km)
Grid ref: SM9353291
Character: Easy walk, some gradients, livestock.
No stiles. Uneven surfaces.
Walk back down the road. Ignore first footpath sign on right, pass house and at fingerpost, turn right on to minor road. Follow road, which soon turn into track, then narrowing to footpath. Follow obvious footpath round Garnwnda (feel free to explore the top this is access land). At waymark post at T-junction, turn right, then straight along on to tarmac access track and turn left on to road back to Llanwnda.

Llanwnda, Feidr Pontiago

Distance: 2.0 miles (3.2 km)
Grid ref: SM922390
Character: Easy track and quiet lane walking.
No stiles.
From parking area, walk back up road and turn right (signed ‘unsuitable for motors’). Walk past Llanwnda House and, at fork, turn right and follow track down to road. Turn left on to road, follow road past farm and hamlet with garage, then look for short bridleway sign on left (there is a more obvious footpath sign immediately opposite on right). Turn left and follow bridleway back to Llanwnda.

Goodwick

Distance: 1.6 miles (2.6 km)
Grid ref: SM945396
Character: Coastal, fields and livestock, some minor road walking.
No stiles. Uneven surfaces, 2 kissing gates.
Walk to end of car park and follow path signed ‘to burial chambers and Coast Path’. Pass burial mounds and at fork bear right on path closest to houses. At T-junction turn right and at T junction with road turn left on to Coast Path. Turn left after kissing gate and keep following Coast Path at next kissing gate. On reaching open area by ruin of cottage, look for gate on left and go through it. Follow path through another gate and at barn turn left on to broad track. Follow it to T-junction with road and turn left to return to car park.