Pembrokeshire Coast National Park

Poppit Sands
Wheelchair 'Walk' and Adventure Wheelchair 'Walk'

SCALE: 0 100 200 m

DISTANCE: Wheelchair 'Walk' – 1 Beach path 80m
Adventure Wheelchair 'Walk' – 2 Marsh path 380m

PUBLIC TRANSPORT: Service bus Poppit Sands 407
Poppit Rocket (seasonal) - neither are wheelchair accessible

CHARACTER: 1 Timber boardwalk to beacon (level)
2 Compacted stone surface, long gentle gradients

SAFETY FIRST!
• Take great care when on the Coast Path
• Stay on the path and away from cliff edges
• Wear boots and warm, waterproof clothing
• Take extra care in windy and/or wet conditions
• Always supervise children and dogs
• Leave gates and property as you find them

KEY
- Wheelchair 'Walk'
- Pembrokeshire Coast Path National Trail
- Public Right of Way
- Car Park
- Public Toilets
- Public Telephone
- Bus Stop

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Poppit Sands
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Poppit Sands
SN152485
Park in the large National Park car park near the beach (charge in season but blue badge holders park free). Leave car park by pedestrian exit. Cross the road towards the lifeboat station with its shop and adjacent public toilet. Access to beach is along a timber boardwalk. The sand at the top of the beach is dry and loose - you will need help to cross it. Lower down the sand is hard and almost level, but the tide comes in very rapidly.
Wheelchair 80 metres

Adventure Wheelchair walk
Path starts at short distance from car park entrance along a minor road (84 metres along level road). Look out for wooden signpost on roadside with wheelchair accessible wooden gate. Compacted stone surface along causeway across marsh to stream for 170 metres and then continuing alongside stream through woodland for a further 210 metres to caravan site. Long gentle gradients - not suitable for manual wheelchairs.