

# Pembrokeshire Coast National Park

## Angle

### Half Day + Walk



**SCALE:** 0 300 600 m

**DISTANCE/DURATION:** 3.7 miles (6.0 km) 2 hours 30 minutes

**PUBLIC TRANSPORT:** Service bus Angle 366, Coastal Cruiser

**CHARACTER:** Rugged Coast Path, 0.7 miles (1.2 km) road walking, reasonably level, fields and livestock

**LOOK OUT FOR:** Angle Tower • Medieval Church • Chapel Bay Fort • Relict Medieval field strip pattern  
views of busy Haven waterway

#### SAFETY FIRST!

- Take great care when on the Coast Path
- Stay on the path and away from cliff edges
- Wear boots and warm, waterproof clothing
- Take extra care in windy and/or wet conditions
- Always supervise children and dogs
- Leave gates and property as you find them

#### KEY

- Circular Route
- Pembroke Coast Path National Trail
- Public Right of Way
- P Car Park
- WC Public Toilets
- Bus Stop



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## Half Day + Walk

**Duration:** 2 hours 30 minutes

**Length:** 3.7 miles, 6.0 km

**Public transport:** Service bus Angle 366, Coastal Cruiser.

**Grid ref:** SM865026

*There are species galore to see along the wild Angle peninsula.*

**Look out for:** Angle Tower, Medieval Church, Chapel Bay Fort, Relict Medieval field strip pattern, views of busy Haven waterway.

The Angle peninsula is wild and windswept, the Old Red Sandstone twisted and worn into smooth whale-backed clumps by gales. West Angle beach marks the beginning of the Haven waterway and so takes the brunt of the weather. There are good rock pools here and the bay is home to the rare cushion starfish.

On the other side of the peninsula, Angle Bay itself is a mud and sand wilderness when the tide is out providing a breeding ground for invertebrates and rich pickings for waders, divers and wildfowl. Birds like dunlin, grey plover and redshank are common with oystercatchers and curlews in the moulting season. Kilpaison Marsh nearby, has Cetti's Warbler in the reed beds and scrub.

On the headland the remains of an ancient, medieval strip field pattern are visible. The Chapel Bay Fort and Thorn Island are Victorian defences protecting the waterway, and there are great views over the Haven here. But be careful - the Fort is hidden by trees and scrub and there are some deep ditches. Occasional outcrops of limestone in the cliffs were quarried and processed in the lime kiln overlooking West Angle Bay.

Libby Taylor, Senior National Park Ranger has done this walk. She says: "Spectacular views of the Milford Haven waterway and the picturesque, historic village of Angle. The Old Point House pub is highly recommended."

**Character:** Rugged Coast Path, 0.7 miles (1.2 km) road walking, reasonably level, fields and livestock.

Text provided by the BBC

### Land of Legends

Click on the icons below for a local legend, or go to [www.pembrokeshirecoast.wales/legends](http://www.pembrokeshirecoast.wales/legends)

