



Choose your own adventure with the Pembrokeshire Coast Family John Muir Award

SHARE



Parc Cenedlaethol Arfordir Penfro
Pembrokeshire Coast National Park

Useful information to help you complete your John Muir Award

You can share your Wild Place experiences in all kinds of ways; photos, words, drawings, even make up a dance about a wild place and film it!

How to tell us about your Award or send a link to pictures, video or anything else – we'd love to hear about it:

■ Share using our **Pembrokeshire Coast Family John Muir Award group** – you can use **hashtags** (#scary technology we know – give it a try!) to help us find your posts more easily

#wildfamilytime #johnmuiraward

and do a hashtag for your surname E.g. #Jonesfamily

■ Send an email to johnmuiraward@pembrokeshirecoast.org.uk

■ Pop into a National Park Centre at Oriel y Parc, Castell Henllys, Carew Castle or Newport and show one of our staff

■ Even by post! John Muir Award, Discovery Team, Pembrokeshire Coast National Park Authority, Llanion Park, Pembroke Dock, SA72 6DY (include your contact details!)

Find out more:

The John Muir Award www.johnmuirtrust.org/john-muir-award

John Muir - the man himself www.discoverjohnmuir.com

The Award in Pembrokeshire www.pembrokeshirecoast.org.uk/johnmuiraward (including ideas, links, news and downloadable activity sheets)

or call the Discovery Team on 01646 624856.



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Get started!

Discover Wild Places

- these could be in our fantastic National Park, somewhere near your house or in your garden

Explore Wild Places

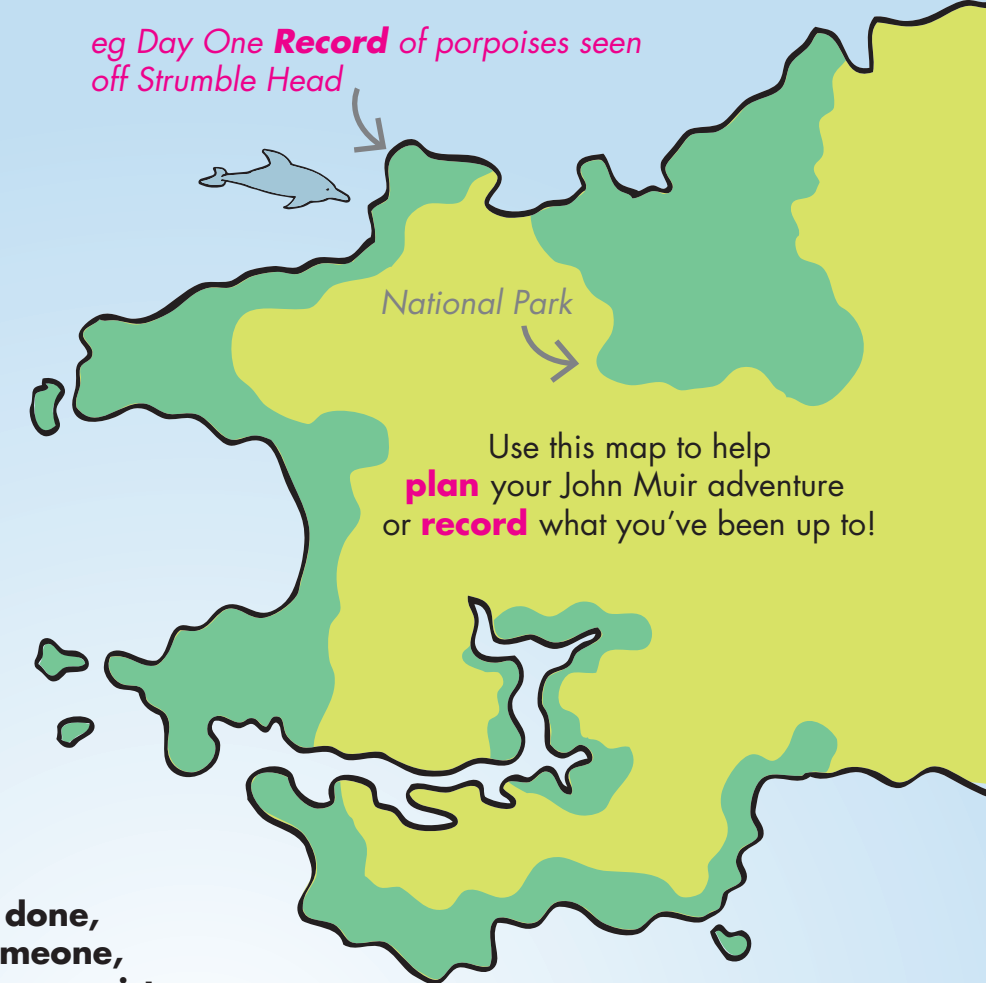
- get to know them in different ways, use your body, your senses and HAVE FUN.

Conserve Wild Places

- do some things to help wild places while you're in them, or when you get home!

Share Wild Places - what you've done, seen, thought and felt! Talk to someone, send a picture or a message or draw a picture.

eg Day One **Record** of porpoises seen off Strumble Head



Use this map to help **plan** your John Muir adventure or **record** what you've been up to!

Four Challenge Review

Tick these boxes

Have we finished yet?

Discover a wild place

What wild places have you discovered? What did you like or not like? What's special about them?

- ☐ We've spent four days / 30 hours on our John Muir Award
- ☐ We've filled in this Four Challenge Review (below)!

Explore its wildness

What wild place activities have you done?

Conserve (take responsibility)

What have you done to make a difference and put something back for wild places?

Share your experiences

How have you shared your experiences of wild places, and with who? What have you thought about, and how do you feel?

I'm John Muir!

Some think of me as The Father of National Parks. Doing this **award** will help you **Discover** and **look after** wild places **anywhere** starting with the **Pembrokeshire Coast National Park!**

How?

You'll need to:

- Spend time **Discovering** Wild Places, about 30 hours in total.
- **Explore** Wild Places - could be a journey, an activity session, or just relaxing and watching.
- Do something to look after (**Conserve**) wild places.
- Tell us and others (**Share**) about your experiences - **you'll need to show us this to get your award!**



ABOUT

1 2

3 4

DAYS



When you've completed your adventure and done your Four Challenge Review, get in touch (see **Useful information section of this guide**). We'll check it and then let you know when you can expect a certificate from the John Muir Trust as a celebration of your **awesome achievement**. And if that's not enough – you'll be able to join us at **exclusive celebration events!**



Discover Wild Places – some BIG and some small – from Pembrokeshire’s Coastline to cracks in a wall” • “Explore Wild Places – in

See if you can spot 20 magnifying glasses

It's raining - but I LOVE IT!

How many crabs can we catch?

This is a great way to get closer to nature

Let's get creative!

Let's see how many creatures we can find in 6 rockpools

JOHN MUIR AWARD
wild places: DISCOVER EXPLORE CONSERVE SHARE

Sometimes nature needs a hand

Even the best wild places need help from time to time. Thanks for getting involved!

Adventures are easy to find

How many different kinds of Wild Places can you see here?

thousands of ways – activities and journeys will soon fill up 4 Days!” • Conserve Wild Places – Wild Places face problems that we’re trying to solve, let’s work together to do this –

Pembrokeshire Coast Family John Muir Award

Darkness makes the adventure bigger!

Can you spot 3 different ways to help nature (there's at least 6 on here!)

We've made a real difference!

I can use this for my project

Our Bug Hotel can go here

I'll SHARE what I've done with Nan

I'll SHARE too!
Twitter, YouTube, Facebook icons

WOW! What are they?

Check out this micro-world

Gardens can be great for wildlife!

How many Explore activities can you spot? Can you think of more?

FUN – Get Involved! • Share your experience with someone – even the birds! Tell someone about it, draw pictures, write words!!