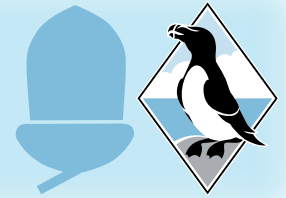


Abercastle

Short Walks



SCALE: 0 300 600 m

DISTANCE: ABERCASTLE COAST - 2.5 miles (4.0 km)

CARREG SAMPSON - 1.2 miles (1.9 km)

PUBLIC TRANSPORT: Service bus Trefin 413,

*Strumble Shuttle 404 (*seasonal, hail & ride)

SAFETY FIRST!

- Take great care when on the Coast Path
- Stay on the path and away from cliff edges
- Wear boots and warm, waterproof clothing
- Take extra care in windy and/or wet conditions
- Always supervise children and dogs
- Leave gates and property as you find them

KEY

- Abercastle Coast
- Carreg Sampson
- Pembroke Coast Path National Trail
- - - Public Right of Way
- P Car Park
- WC Public Toilets
- Bus Stop



Abercastle

Short Walks

Public transport: Service bus Trefin 413, *Strumble Shuttle 404 (*seasonal, hail & ride).

Abercastle coast

Distance: 2.5 miles (4.0 km)

Grid ref: SM863337

Character: Coastal, cliff edge walking, farm tracks, some minor road walking.

2 stiles, steps.

From bus stop: walk uphill on road.

From car park: leave car park and immediately turn left across stone slab footbridge.

Continue up steps and at top turn left, then right on to track. At road turn left. Follow road and where it turns right, go straight ahead down cul de sac track. Look for stone stile and fingerpost on left, cross and follow field edge path, keeping hedge on left. At bottom, turn left on to Coast Path. Follow Coast Path all the way back to Abercastle. On reaching houses, follow path down steps and back to car park. For bus stop, turn left at fingerpost just above car park.

Carreg Sampson

Distance: 1.2 miles (1.9 km)

Grid ref: SM849336

Character: Fields and livestock, minor road walking.

1 stile, steps.

From bus stop: walk downhill on road.

From car park: walk back to main road and turn right.

Follow main road towards Trefin (sign for Ship Inn etc), then turn right at Longhouse Farm. Where access track turns left, turn right through gate and follow field edge path, keeping wall on left. At gate turn right and immediately left on field edge path, with fence on left. Cross stile and turn right on field edge path, with fence on right, down steps and follow Coast Path round back to car park. For bus stop turn right at slipway and left at main road.

