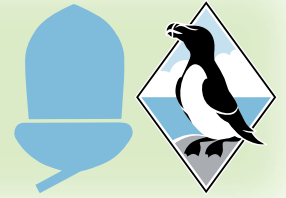


Abercastle to Cwm Badau

Gentle Stroll



SCALE: 0 300 600 m

DISTANCE/DURATION: 300m 10 minutes each way

PUBLIC TRANSPORT: *Strumble Shuttle 404 (*seasonal, hail & ride)

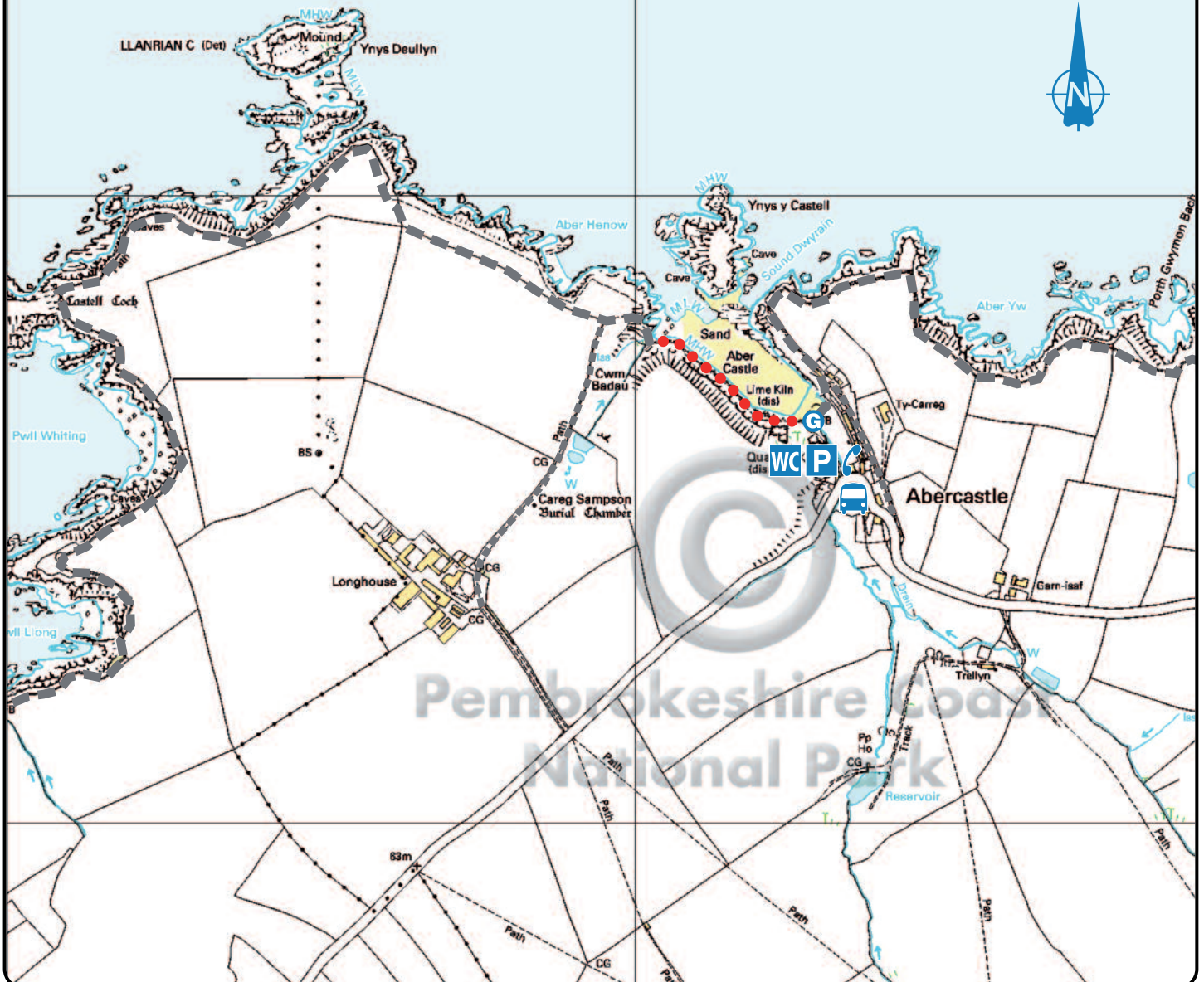
CHARACTER: Easy grade walk with a wide and smooth surface, views of traditional cottages, fishing boats and pretty harbour

SAFETY FIRST!

- Take great care when on the Coast Path
- Stay on the path and away from cliff edges
- Wear boots and warm, waterproof clothing
- Take extra care in windy and/or wet conditions
- Always supervise children and dogs
- Leave gates and property as you find them

KEY

- Gentle stroll
- ▬▬▬ Pembrokeshire Coast Path National Trail
- ▬▬▬ Public Right of Way
- P Car Park
- WC Public Toilets
- ☎ Public Telephone
- 🚌 Bus Stop
- G Gate



Abercastle to Cwm Badau

Gentle Stroll

Parking: Limited, on the seafront at Abercastle (SM853337)

Length: 300m each way.

Grade: Gentle.

Surface: Shale.

Toilets: Abercastle (SM854336)

Telephone: Abercastle (SM854336)

Grid ref: SM852336



Start on the west side of the harbour and go through the gate.

The route goes past the harbour, which was used by small trading vessels until well into the last century.

The well-preserved lime kiln near the start is another reminder of Pembrokeshire's industrial past.

What appear to be rusty metal posts along the path are two inverted cannons from a French frigate that fell victim to the sea nearby. They now serve as mooring bollards.

Alfred Johnson, an American, landed in Abercastle on 12th August 1876 - the first man to cross the Atlantic single-handed by boat.