Pembrokeshire Coast National Park Angle Peninsula



Half Day + Walk



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Angle Peninsula Half Day + Walk

Duration: 3 hours 30 minutes

Length: 9.3 miles (14.9 km)

Public transport: Service bus Angle 366/388, Coastal Cruiser

Grid ref: SM860027

The Angle Peninsula is a striking, windswept landscape. The little beach at West Angle faces the mouth of the Haven waterway and can be hammered by strong winds, but on a good day it is a marvelous place to go rock pooling.

Beyond West Angle Bay is Thorn Island, with its Victorian fort. The fort is one of seven, dating from the second half of the 19th century, to protect the Haven. Built to defend against a threat from France that came to nothing, the fortifications were later dubbed Palmerston's Follies after Lord Palmerston, Prime Minister of the day.

The route also takes in Angle Bay, a sheltered expanse of mud and sand that attracts wildfowl and wading birds at low tide. The bay becomes especially busy with birds during winter when there are large flocks of dunlin, grey plover and redshank to see.

The village of Angle has a rich seafaring tradition and was once a busy fishing community. Its single street of cottages is backed by fields that are marked by centuries of medieval strip cultivation - a clue to Angle's long history.

Look out too for several medieval buildings including a fisherman's chapel, a dovecote and the unique three-storey Tower House, recently restored by the National Park Authority. Dating from the late 1300s, the tower house was built as a fortified home for Angle's lords of the manor. It was perhaps 'insurance' at a time of political tensions with France or against raiding pirates.

