Pembrokeshire Coast National Park

Cwm Gwaun

Short Walks



Cwm Gwaun Short Walks

Public transport: None.

Cwm Gwaun, Coed Tregynon

Distance: 2.6 miles (4.2 km)

Grid ref: SN045349

Character: Woodland, minor road walking.

5 stiles.

Turn left out of car park on to road. Follow it and after it turns right, look for fingerpost pointing ahead and take path to woods. Go through left-hand gate, then at fingerpost turn right, follow obvious path, cross bridge and at next fingerpost continue straight on. Cross stile on right, cross stream and follow path in direction of waymark, then cross stream and turn right. Go straight on at fingerpost and at next fingerpost turn right over stile, aiming for fingerpost ahead. Cross boggy section on logs, cross footbridge and stile, to stile ahead. Turn right on to the road back to car park.

Coed Gelli-fawr

Distance: 1.6 miles (2.6 km)

Grid ref: SN061346

Character: Wooded slopes, fields and livestock, some minor road walking.

1 stile, steep gradients, uneven surfaces.

Turn left out of car park on to road and bear left on to access track. Go through gate, and follow field edge path, keeping hedge on left, through gate into next field, again on field edge path with hedge on left. Go through next gate into woods and follow bridleway downhill. Just before gate turn sharp left down to road. Turn left on to road and turn left, where road turns right, on to path back into woods. Go through lefthand gate, then at fingerpost turn left and follow uphill path. Cross stile on edge of wood and turn left on to field edge path, keeping hedge on left, to gate back into car park.

Sychpant, Cwm Bach

Distance: 0.9 miles (1.4 km)

Grid ref: SN047352

Character: Steep small valley, fields and livestock.

3 stiles, steep gradients.

Turn left out of car park and immediately left again (access track to 'Ffald y Brenin') and follow access track up to top of hill. Turn right, just before reaching buildings, and continue straight ahead through squeeze stile. Gradually turn left, keeping pond on left, to stile with waymark. Go straight on up enclosed path, cross stile and continue ahead up steps, through gate, then turn left. Go through gate on left, turn left and immediately right and follow grassy path down hill. Ignore stile on left and at fingerpost go straight on along broadening path. Look for gate on left and go through it back down to car park.

