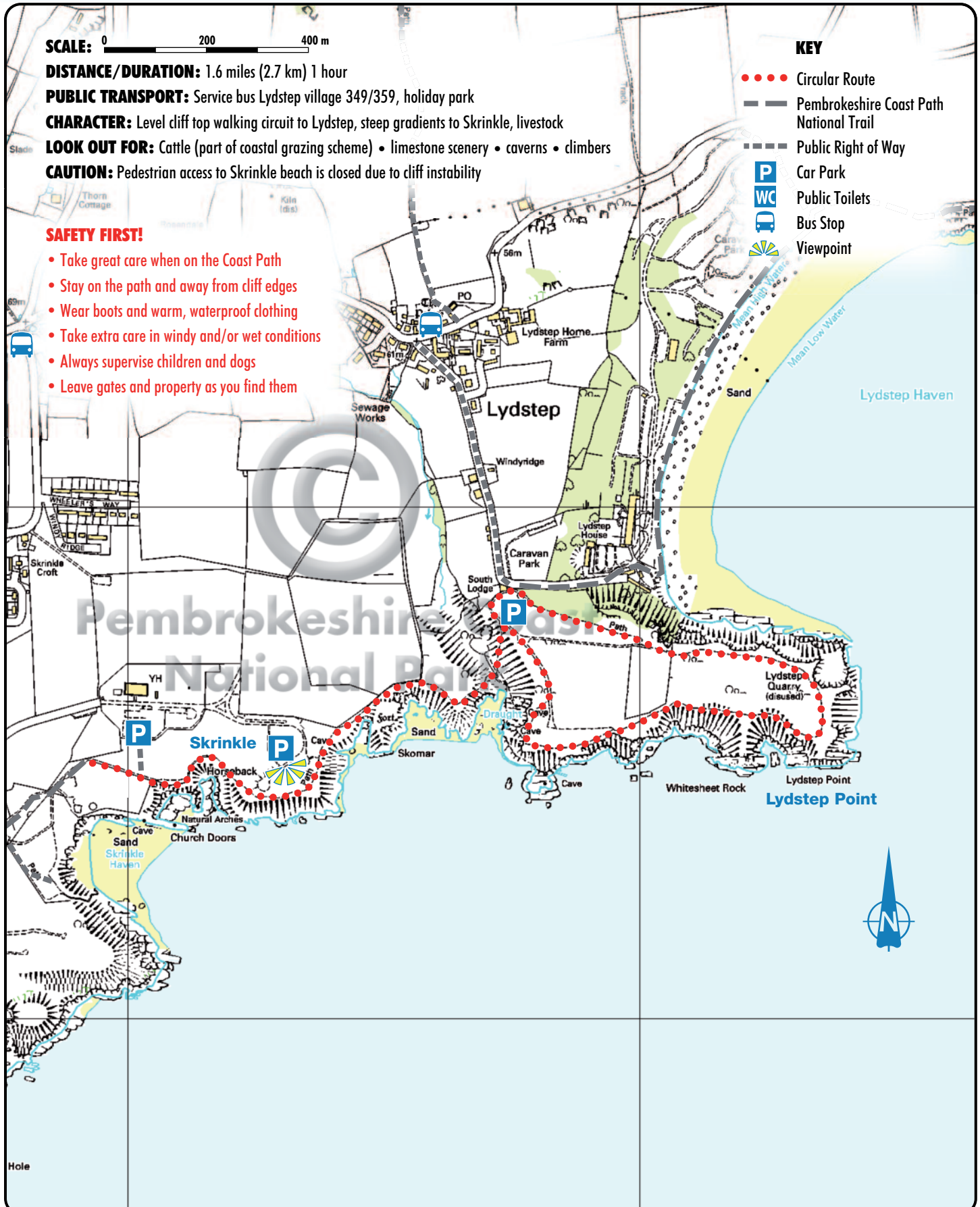
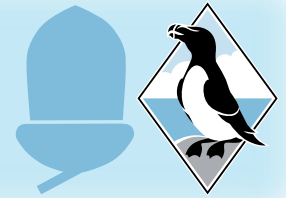


# Lydstep/Skrinkle

## Short Walk



# Lydstep/Skrinkle

## Short Walk

**Duration:** 1 hour

**Length:** 1.6 miles (2.7 km)

**Public transport:** Service bus Lydstep village 349/359, holiday park.

**Grid ref:** SS085982

*Explore the mysterious caverns and see spectacular cliffs...*

**Look out for:** Cattle( part of coastal grazing scheme), limestone scenery, caverns, climbers.

Beneath and beyond the Lydstep headland lie the famous Lydstep Caverns, which should only be explored at low tide. All the land above the caves and the caves themselves are National Trust property. Fulmars, razorbills and gulls (mostly herring) nest here, with the ever-present jackdaw. Seals may pup in the autumn in the caves and ponies graze the coastal heath.

The cliffs are spectacular on this stretch of coast, at the eastern end of Skrinkle Haven look for the Church Doors, a great limestone arch between the sand of the Haven and a rocky cove. Skrinkle Haven lies on the boundary between the Old Red Sandstone and the Carboniferous Limestone.

Libby Taylor, Senior National Park Ranger has done this walk. She says: "A wonderful walk to see wildflowers and butterflies in spring. There's rugged coastline with blowholes, arches and caves and, at Lydstep Head (owned by the National Trust), the chance to view ponies grazing.

**Character:** Level cliff top walking circuit to Lydstep, steep gradients to Skrinkle, livestock.

**Caution:** Note that the cliffs above Skrinkle beach are very unstable. Pedestrian access to Skrinkle beach is closed due to cliff instability.

Text provided by the BBC

