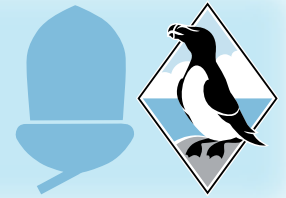


Newgale/Penycwm

Short Walks



SCALE: 0 200 400 m

DISTANCE: NEWGALE - 1.8 miles (2.9 km)

PENYCWM - 1.7 miles (2.7 km)

PUBLIC TRANSPORT: Service bus Newgale 411, *Puffin Shuttle 400 (*seasonal, hail & ride)

CAUTION: These walks are only possible at low tide.

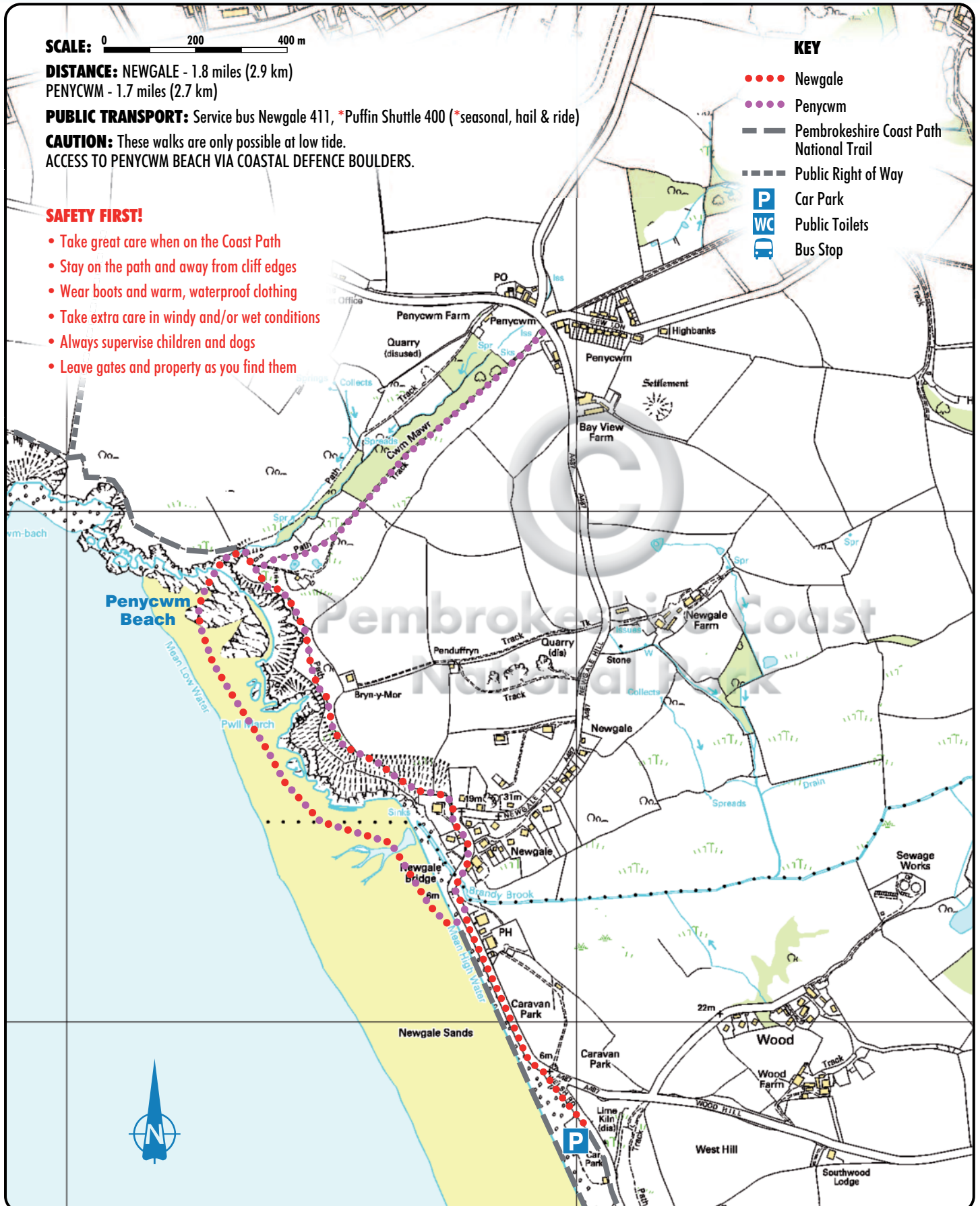
ACCESS TO PENYCWM BEACH VIA COASTAL DEFENCE BOULDERS.

SAFETY FIRST!

- Take great care when on the Coast Path
- Stay on the path and away from cliff edges
- Wear boots and warm, waterproof clothing
- Take extra care in windy and/or wet conditions
- Always supervise children and dogs
- Leave gates and property as you find them

KEY

- Newgale
- Penycwm
- Pembrokeshire Coast Path National Trail
- - - Public Right of Way
- P Car Park
- WC Public Toilets
- Bus Stop



Newgale/Penycwm

Short Walks

Public transport: Service bus Newgale 411, *Puffin Shuttle 400 (*seasonal, hail & ride).

Newgale

Distance: 1.8 miles (2.9 km)

Grid ref: SM846224

Character: Cliff edge, wooded valley, gradients, short section of road walking.

Caution: This walk is only possible at low tide. ACCESS TO PENYCWM BEACH VIA COASTAL DEFENCE BOULDERS.

No stiles. Kissing gates, steps and uneven surfaces.

From Newgale car park: walk up pavement into Newgale, and continue uphill on road.

From bus stop: walk on pavement and then on road uphill towards St Davids.

Look for footpath sign in bend of road and turn left, next to garage, through kissing gate and follow the Coast Path up, then down. Go straight on at fingerpost, through next kissing gate, and over the footbridge. Turn left towards beach and on beach left again towards Newgale.

For car park: continue along beach until car park flags are visible.

For bus stop: look for lifebuoy on top of shingle ridge, and climb ridge shortly after. Look for boardwalk and steps down to road, cross to pavement and bus stop.

Penycwm

Distance: 1.7 miles (2.7 km)

Grid ref: SM844229

Character: Wooded valley, sea views, short section of road walking.

Caution: This walk is only possible at low tide. ACCESS TO PENYCWM BEACH VIA COASTAL DEFENCE BOULDERS.

No stiles. 3 kissing gates, steps.

Take track next to bus stop down to coast and turn right at gate to cottage.

At fingerpost turn right, through kissing gate and over foot bridge.

Turn left towards beach and once on beach left again back to Newgale.

Near Newgale look for lifebuoy on shingle ridge and climb bank shortly after to boardwalk and steps down to road. Cross to pavement and turn left.

Once going uphill, look for footpath sign in bend of road and turn left next to garage. Go through kissing gate, follow Coast Path up then down, turn right at fingerpost, and left at T-junction with track back to Penycwm.