

Pembrokeshire Coast National Park

Mynydd Preseli

Half Day + Walk



SCALE: 0 300 600 m

DISTANCE/DURATION: 5.6 miles (9.0 km) 3 hours

PUBLIC TRANSPORT: Service bus Mynachlogddu 345

CHARACTER: Rugged moorland and mire, livestock, gradients range 200-360m, 2.6 Km walking on minor road

LOOK OUT FOR: Carn Menyn source of spotted dolerite/bluestones • Bedd Arthur Burial Chamber
Waldo's Memorial

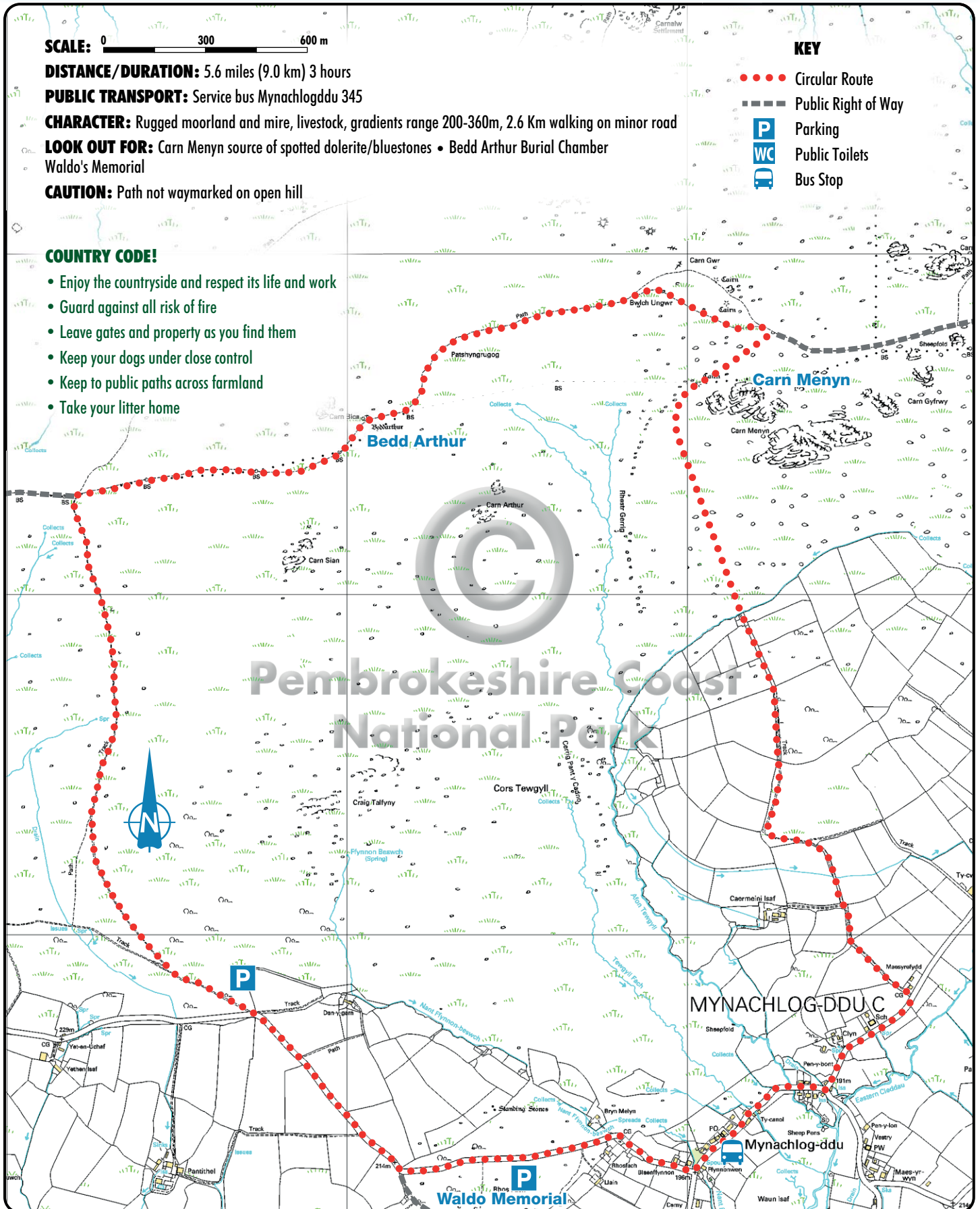
CAUTION: Path not waymarked on open hill

KEY

- Circular Route
- Public Right of Way
- P Parking
- WC Public Toilets
- Bus Stop

COUNTRY CODE!

- Enjoy the countryside and respect its life and work
- Guard against all risk of fire
- Leave gates and property as you find them
- Keep your dogs under close control
- Keep to public paths across farmland
- Take your litter home



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Half Day + Walk

.Duration: 3 hours

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Public transport: Service bus Mynachlogddu 345.

Grid ref: SN105325

Take in the sights of the famous Preseli Hills

Look out for: Carn Menyn source of spotted dolerite/bluestones, Bedd Arthur Burial Chamber.

Composed of hard Ordovician shale and mudstone compressed into slates with scattered fragments of rhyolite and dolerite - the famous bluestone that forms the inner ring of Stonehenge - the Preseli Hills are the highest hills in Pembrokeshire.

The crag of Carn Menyn is the source of the Stonehenge pillars and nearby Bedd Arthur is the Preseli's own, rather unusual, eye-shaped stone circle. There's a memorial to Welsh language poet Waldo Williams at Mynachlogddu. If you're lucky to get clear weather, you'll be able to see north to the Llyn peninsula and west to the hills of Co. Wicklow in Ireland. Keep your eyes peeled on the hill though as the bird life, particularly in the winter months, can be remarkable with living clouds of starlings congregating to roost there. Also look out for hunting buzzards and sparrowhawks. In the spring ring ouzel and snow bunting are common migrants.

Much of the upland is boggy and, as a result, very acidic so you can find rare acid tolerant plants like fir clubmoss, liverwort, ferns and orchids with insects like the marsh fritillary butterfly and the southern damselfly. Heather carpets the drier heathland in late summer look out for buzzards, kestrels, curlews, ravens and skylarks.

Character: Rugged moorland and mire, livestock, gradients range 200-360m, 2.6 km walking on minor road.

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Text provided by the BBC

Land of Legends

Click on the icons below for a local legend, or go to www.pembrokeshirecoast.wales/legends

