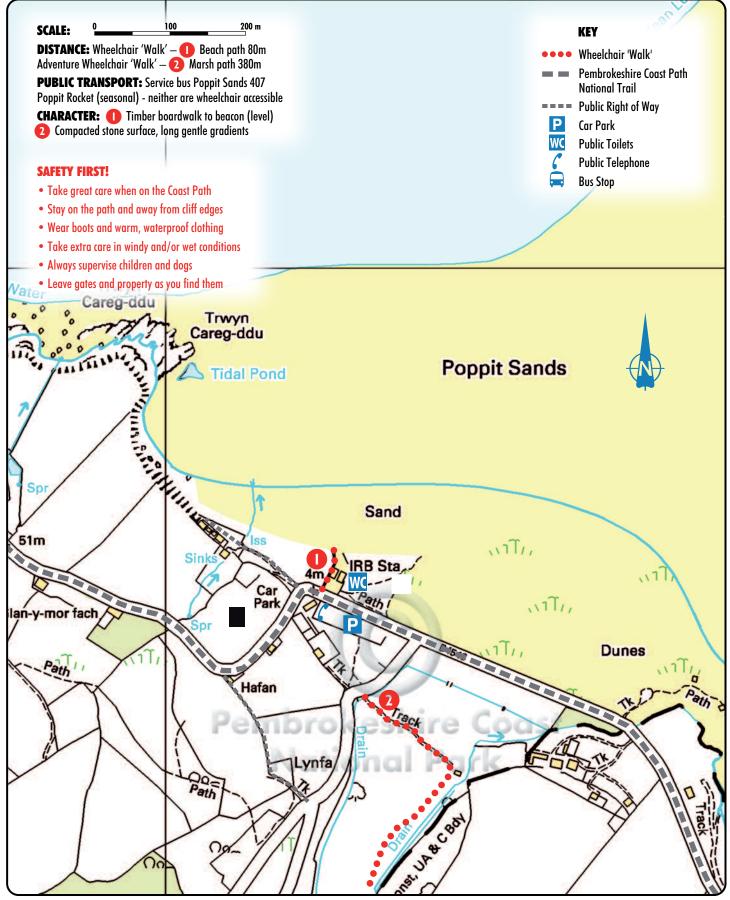
Pembrokeshire Coast National Park

Poppit Sands







Poppit Sands

Wheelchair 'Walk' and Adventure Wheelchair 'Walk'

Poppit Sands SN152485

Park in the large National Park car park near the beach (charge in season but blue badge holders park free). Leave car park by pedestrian exit. Cross the road towards the lifeboat station with its shop and adjacent public toilet. Access to beach is along a timber boardwalk. The sand at the top of the beach is dry and loose you will need help to cross it. Lower down the sand is hard and almost level, but the tide comes in very rapidly.

Wheelchair 80 metres

Adventure Wheelchair walk
Path starts at short distance from car
park entrance along a minor road (84
metres along level road). Look out for
wooden signpost on roadside with
wheelchair accessible wooden gate.
Compacted stone surface along
causeway across marsh to stream for
170 metres and then continuing
alongside stream through woodland
for a further 210 metres to caravan
site. Long gentle gradients - not
suitable for manual wheelchairs.

