

Half Day + Walk



Cosheston

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Duration: 3 hours

Length: 5.6 miles (9.0 km)

Public transport: Service bus 361 at Slade Cross (A477).

Grid ref: SN008045

Look out for: Boat house ruins at head of Mill Bay, superb views of estuary.

The route offers a variety of views and 'atmospheres'.

From the quiet roads around the old village of Cosheston you can see good examples of the medieval 'stripfields'.

The arched stone bridge over the stream that runs into Mill Bay is new (built by National Park Wardens in 2005), and the old ruin at the head of the bay is the boat house associated with Cosheston Hall.

The eastern side of the route is over farmland that may well have lots of livestock, so please keep your dogs under close control.

Caution: Permissive Path between A-C and B-D will be closed for shooting during December and January.