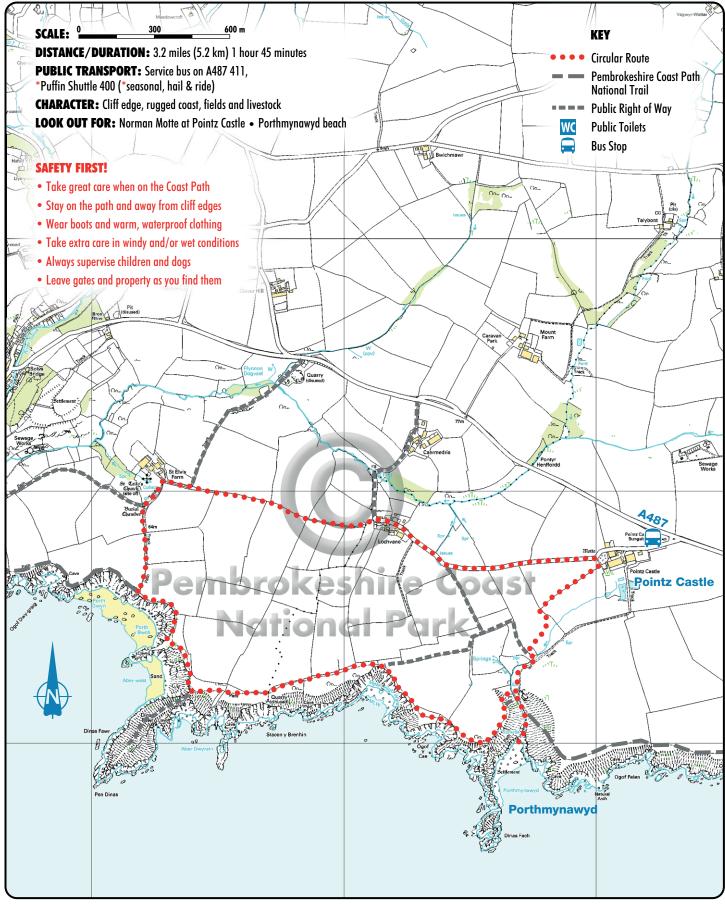
#### **Pembrokeshire Coast National Park**

# **Lochvane**

### **Short Walk**





### Lochvane

#### Short Walk

**Duration:** 1 hour 45 minutes

**Length:** 3.2 miles (5.2 km)

Public transport: Service bus on

A487 411, \*Puffin Shuttle 400

(\*seasonal, hail & ride).

**Grid ref:** SM825235

## Spectacular cliffs, secluded coves and Norman ruins...

**Look out for:** Norman Motte at Pointz Castle, Porthmynawyd beach.

The cliffs are spectacular on this stretch of the coast (250 feet) with great views back to Ramsey Island. The promontory of Dinas Fawr (with Dinas Fach beyond) is regarded as dangerous - don't be tempted to go onto the footpath out onto the point. You may see the odd sea-bird here - gulls, sometimes fulmars and cormorants, with the occasional jackdaw and kestrel.

Porthmynawyd is a secluded cove with a small popular beach accessible when the tide is out. The remains of a Norman motte can be seen at Pointz Castle.

**Character:** Cliff edge, rugged coast, fields and livestock.

**Caution:** The promontory of Dinas Fawr (with Dinas Fach beyond) is dangerous - don't be tempted to go onto the footpath out onto the point.

Text provided by the BBC



