

# PEMBROKESHIRE COAST NATIONAL PARK

## SCHOOLS PROGRAMME

Fantastic opportunities  
to discover, learn and enjoy  
a unique landscape



Parc Cenedlaethol  
Arfordir Penfro  
Pembrokeshire Coast  
National Park

### SCHOOLS PROGRAMME

Our Schools Programme aims to help teachers and students learn more about the National Park, its work and priorities for the future, while helping your school on its journey with the Curriculum for Wales.

National Park Priorities:

- **resilience to climate change**
- **enhance biodiversity**
- **connect with nature**
- **nurture community**

Our experienced and knowledgeable team hope to create long-lasting links with your staff and pupils and inspire everyone to explore and protect the natural assets on our doorsteps.

### CYNEFIN DISCOVERY DAYS

Cynefin: Often translated as “habitat” it is not just a place in a physical or geographical sense; it is the historic, cultural and social space that shapes the communities which inhabit it.

Pembrokeshire has a wealth of opportunities for learners exploring their landscape, habitats, and heritage. Our Schools Programme provides accessible learning experiences all year round. Cynefin Discovery Days are multi-disciplinary, engaging learning experiences with:

- **science, literacy and numeracy activities**
- **creative response**
- **mindful enjoyment of the health and wellbeing benefits to being in the landscape.**
- **Cynefin Discovery Days are delivered at various locations with Rangers and Centre Staff**



### CYNEFIN DISCOVERY DAYS

**Coastal Explorers: beaches, rockpools, dunes, cliffs, caves, islands and estuaries.**

Making use of accessible facilities and the Pembrokeshire Coast Path there are many exciting regional and seasonal itineraries. Explore the variety of landforms, habitats, heritage sites, communities and tidal spectacles offered around the coastline.



**Meadows and Minibeasts**

Grassland habitats contain a wide array of flowering plants, tremendous diversity of pollinating

bugs and other wildlife. Explore the delights of a summer meadow with our Conservation Team and perhaps be inspired to take steps to enhance meadow biodiversity in school grounds.



**Tourism and Industry**

Investigate the importance of “holiday-makers” to the local economy. What are the challenges and impacts of millions of visitors to the county?

What other industries; past, present and future shape the landscape?



**Naturally Art**

The landscape, heritage and natural world in Pembrokeshire has been an inspiration to generations of artists. Explore landscape and nature with various media and encourage a creative response to the environment.



**Heritage Guardians**

With the Community Archaeologist investigate local heritage spanning the millennia from the

Palaeolithic through to the Second World War. Opportunities to participate in archaeological digs.



**Preseli Upland Explorer**

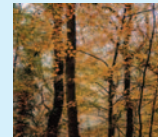
Access the Preseli Hills in an adventurous challenge. Trek ancient pathways across the top of the world.

Itineraries to match topic, season and location.



**Food and Farming**

Find out where and how food is produced. Visit farms to discover the past, present and future of farming



**Trees and Woodlands including Bushcraft**

An important and rich habitat to explore – learn about trees and the wildlife

that they support, the heritage of looking after woodlands and their role in tackling climate change. Resourceful locations that support activities such as foraging and bushcraft.



**River Study – from Source to Sea**

Follow a river from its source on the Preseli Hills to the coast. Pupils explore the water cycle, river habitats, measure the water flow and learn about the way people use and interact with the river. Other rivers can be used (e.g. Gwaun, Nyfer) to suit pupil ages and school locations.

**Fieldwork equipment and support for GCSE, A-Level and University field trips**

Contact the Discovery Team to tailor a Cynefin Discovery Day.  
[discovery@pembrokeshirecoast.org.uk](mailto:discovery@pembrokeshirecoast.org.uk)  
01646 624853

### DISCOVER AND EXPERIENCE - LIVING HISTORY - BRING HISTORY ALIVE



**Castell Henllys Iron Age Village**

Castell Henllys is the only Iron Age Village in Britain reconstructed on the exact site where our Celtic ancestors lived 2,000 years ago. Here you can walk in the footsteps of the Demetae tribe. The School Programme offers heritage education activities which explore the Iron Age hill fort and the surrounding National Park landscape.

- **A Day in the life of Iron Age Celts.** Meet the tribe and see how they lived, what they wore and what they ate. Learn to cook, build a round-house and how to become a warrior.
- **Sustainable living: traditional crafts and skills**
- **Oral traditions of story telling in a legendary landscape**
- **Other living history experiences looking at Roman and Stone Age periods**
- **Woodland and freshwater habitats.**

For full details visit [www.castellhenllys.com](http://www.castellhenllys.com), call 01239 891319 or email [enquiries@castellhenllys.com](mailto:enquiries@castellhenllys.com).

### Carew Castle and Tidal Mill



Carew Castle and Tidal Mill's rich history spans over 2,000 years and tells of knights of the realm, kingmakers, Elizabethan intrigue and Civil War devastation. The only restored Tidal Mill in Wales. The school programme covers a range of heritage education activities, exploring the history of the Castle and its inhabitants. Sessions can focus on the Tudor period or castle life.

- **Tudor Tales:** The Lord is due to arrive at the Castle any minute! Pupils help the Castle servants prepare for his arrival, trying activities including weaving, cooking, masonry, pottery, calligraphy, before performing a Tudor play.
- **Immersive and fun living history scenarios:** The Great Tournament/Capture the Castle/Horrid Histories/Knight School
- **Food, farming and renewable energy at the Tidal Mill**
- **Estuary and meadow habitats.**

For full details visit [www.carewcastle.com](http://www.carewcastle.com), call 01646 651782 or email [enquiries@carewcastle.com](mailto:enquiries@carewcastle.com)

### LANDSCAPE GALLERY AND VISITOR CENTRE



**Oriel y Parc**

Oriel y Parc Landscape Gallery and Visitor Centre in St Davids is the Pembrokeshire home of Amgueddfa Cymru-Museum Wales. The art gallery displays changing exhibitions from national collections with a connection to landscape, nature or heritage.

A school visit to the Centre presents the opportunity to learn about the National Park through the exhibition space.

- **Explore the gallery and exhibition**
- **Practical and creative workshop activities using grounds, resources, and facilities at Oriel y Parc**
- **Extend session with a Ranger-led visit to a National Park location**

See [www.orielyparc.co.uk](http://www.orielyparc.co.uk) for updates on the current exhibition and school visit programme.



### National Park Area Ranger in school

- Free-of-charge assemblies or presentations “About the National Park”
  - Local projects that support National Park Priorities
  - Broad range of skills and partners in delivering Cynefin Discovery Days
- Who is your Area Ranger?

### Pembrokeshire Outdoor Schools (PODS):

PCNPA proudly coordinates a partnership of local and national organisations

- Promotes outdoor learning that supports the New Curriculum for Wales.
- School grounds consultations
- Teacher training and events
- Case studies and resources
- See Facebook, Twitter and [www.pembrokeshireoutdoorschools.co.uk](http://www.pembrokeshireoutdoorschools.co.uk)



### Accessibility

The Schools Programme is accesible to all. Please ask us for suitable equipment, facilities and locations.

### Booking fees

Half day: £2.50 per pupil

Full day: £4.50 per pupil

A minimum booking fee of £75 applies to school bookings.

email: [discovery@pembrokeshirecoast.org.uk](mailto:discovery@pembrokeshirecoast.org.uk)