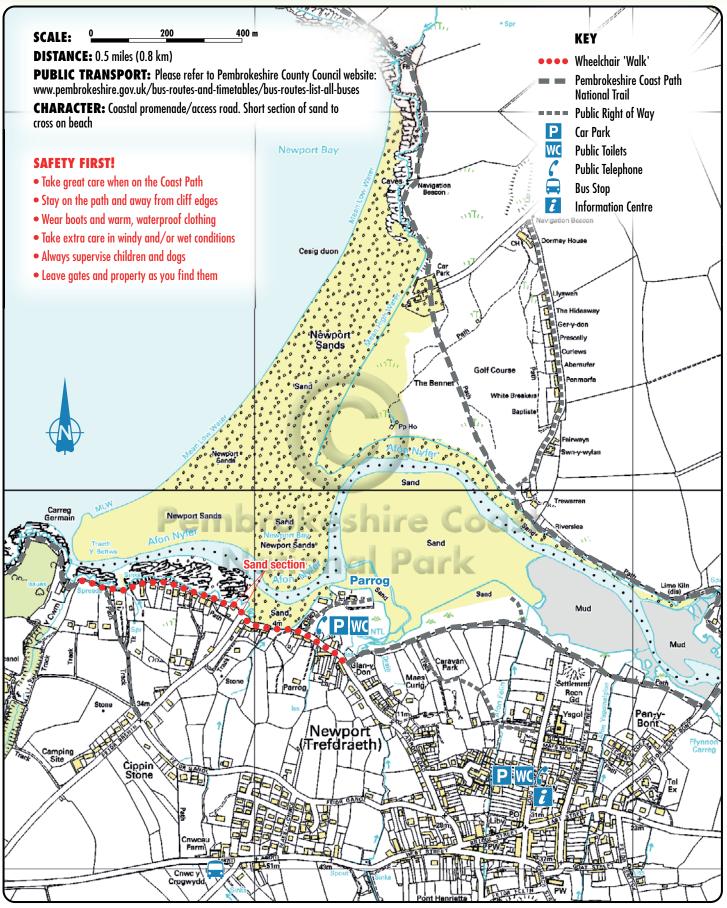
## **Pembrokeshire Coast National Park** Newport Parrog Wheelchair 'Walk'



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## Newport Parrog Wheelchair 'Walk'

## Newport Parrog SN052397

From Parrog car park turn right onto raised 30" (0.8m) wide causeway section. Low tide route on hard sand by-passes the causeway (150m). Further section also crosses the sand, making route impassable two hours each side of high tide. 250m is asphalt access road; much of remainder has concrete surface. Gradients are short. Seats; coastal promenade. Toilets at Long Street car park SN 057392. Wheelchair 0.8 km.

