INFORMATION FOR CLIMBERS

The cliffs of Pembrokeshire are within the Pembrokeshire Coast National Park. They are of international importance for cliff-nesting birds and provide some of the best sea-cliff climbing in the country. This leaflet gives details of agreed seasonal climbing restrictions established to protect nesting and feeding sites. These are essential for the continued existence of the colonies of seabirds and for the chough, peregrines and ravens which nest here. The climbing areas are within Sites of Special Scientific Interest (SSSI) and European Special Protection Areas (SPA). Please refer to the 'Green Guide' to climbing which can be found on the British Mountaineering Council website.

CASTLEMARTIN RANGE EAST (MoD LAND)

- **CHECK NOTICEBOARDS EACH DAY BEFORE CLIMBING (see map).** These show the latest changes to restrictions during the season.
- ACCESS TO RANGE AREA IS ONLY PERMITTED IN NON-FIRING PERIODS - check local press, www.gov.uk or phone Range Tower on 07971 708587 or the Guardroom on 07483 752808
- DO NOT CLIMB BETWEEN RED MARKERS during restricted periods.
- AVOID GARDENING ROUTES - flora on the cliff include some nationally scarce species.
- DO NOT ATTACH BELAYS TO MoD PROPERTY or place any new stakes due to the risk of unexploded ordnance and conservation reasons.
- NO CLIMBING ON CHAPEL COVE AT ANY TIME (Public safety).

CASTLEMARTIN RANGE WEST (MoD LAND)

Access is by Ministry of Defence permission only and climbers are required to attend a briefing. For further details and the briefing dates please contact the BMC or Castlemartin Ranger.

LYDSTEP HEAD (Mother Carey's Kitchen)

A restriction is in place within the Chimney from 1 March to 1 August. Please do not climb the following routes 'Karma Waters' to 'Star Gate' plus 'Narrow Carriage', 'Mars Bar' and 'Brittle Nerve'.
There is also a restriction at Skrinkle Haven from 1 March to 1 August, 'Gorak' to 'Sweet Dreams' inclusive'.

NORTH PEMBROKESHIRE

- Needle Rock, Fishguard - 1 March to 1 August.
- Llech Dafad Restriction - 1 March to 1 August.
- Penbwchdy Restriction - 1 March to 1 August.
- Abercastle - Ynys Deullyn cliffs - Site will be restricted if birds nest here. Please look for cliff-top signs.
- Mur Cenhinen - site restricted if birds nest here. Check BMC Regional Access Database.
- Ogof Mrs Morgan - 1 March to 1 August.
- Dinas Fach (between Solva and Newgale) - 1 March to 1 August.

Please notify BMC Access Rep steveqpembs@googlemail.com of sightings of peregrine or chough nests at Ynys Deullyn or St David's Head.

AGREED SEASONAL CLIMBING RESTRICTIONS

These restrictions have been agreed between the BMC, Pembrokeshire Climbing Club, National Trust, Ministry of Defence, Pembrokeshire Outdoor Charter Group, Natural Resources Wales and the Pembrokeshire Coast National Park Authority. They are reviewed annually as part of the liaison process between all the organisations involved. All climbers are asked to observe the restrictions. The periods when they apply are indicated on the map.
Caves on the Pembrokeshire coast contain rare and sensitive wildlife, geology and archaeology. Access should be avoided.

FURTHER INFORMATION

Further information can be obtained from:

- British Mountaineering Council - Tel 0161 445 6111 access@thebmc.co.uk | www.thebmc.co.uk | www.thebmc.co.uk/modules/RAD
- Natural Resources Wales, Senior Reserve Manager - Tel 01646 661368 paul.culyer@naturalresourceswales.gov.uk
- National Trust Pembrokeshire - Tel 01646 623110 Stackpole@nationaltrust.org.uk
- Pembrokeshire Coast National Park Authority - Tel 01646 624800 www.pembrokeshirecoast.wales
- MoD Castlemartin Camp, Range Office (office hours) - Tel 07971 708587
- The Castlemartin Ranger - Tel 07866 771188 e-mail: climbing@pembrokeshirecoast.org.uk
- Pembrokeshire Outdoor Charter Group www.pembrokeshireoutdoors.org.uk

AGREED CLIMBING RESTRICTIONS

Pembrokeshire 2027



BMC

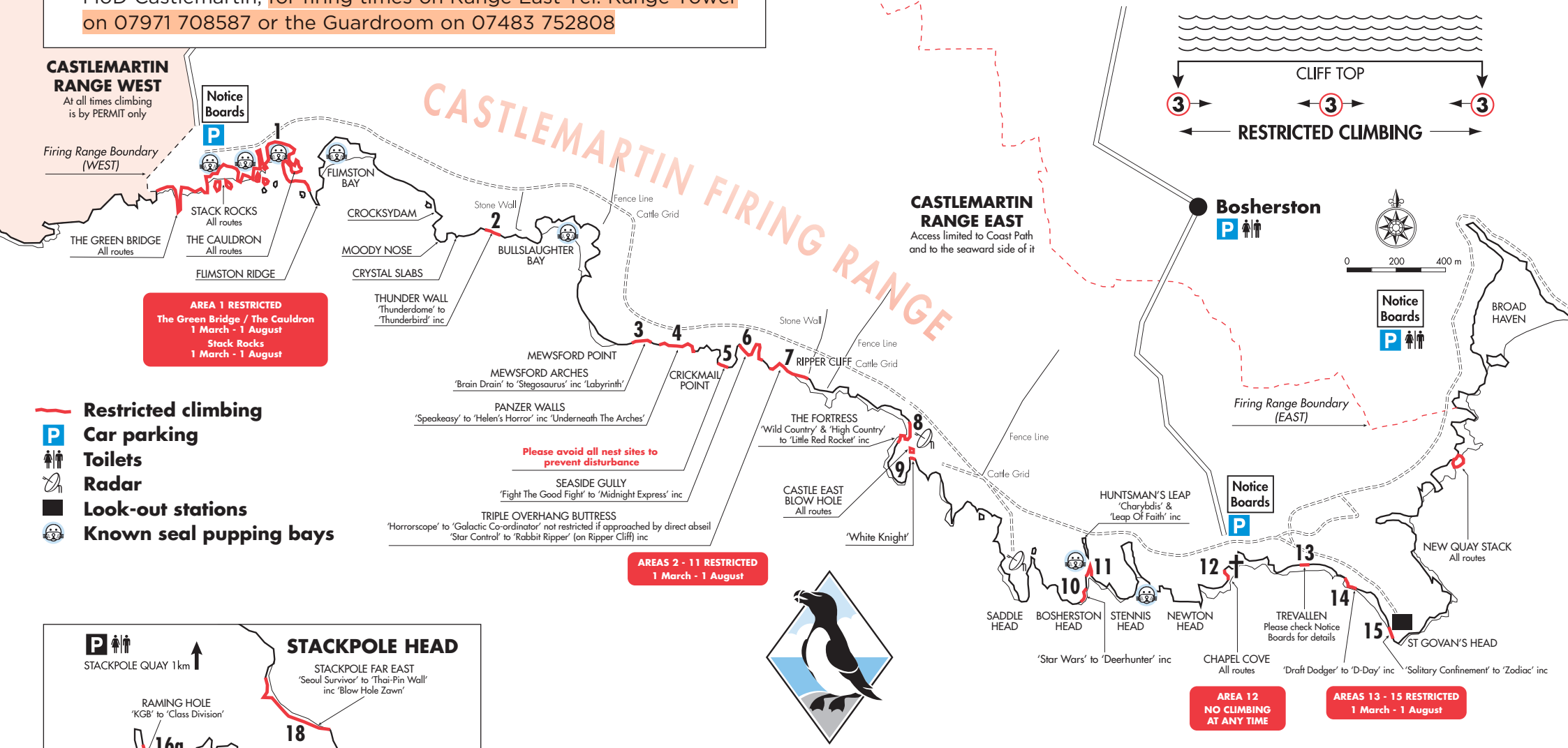
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Pembrokeshire Coast National Park

NOTICE BOARDS PROVIDE THE MOST UP-TO-DATE INFORMATION AND SHOULD BE READ BEFORE EACH DAY'S CLIMBING

- Look out for cliff-top climbing notices and markers
- **In an emergency contact Coastguard - Tel 999**
- MoD Castlemartin, for firing times on Range East Tel: Range Tower on 07971 708587 or the Guardroom on 07483 752808

CLIFF-TOP MARKERS (RED CONCRETE FLOWER POTS)

Climbing restrictions are indicated by numbered cliff-top markers which correspond to the numbers shown against the restrictions on the map. Please do not climb between markers of the same number. Arrows on the markers show the direction in which restrictions apply.



Pembrokeshire Coast National Park

AGREED CLIMBING RESTRICTIONS

Stack Rocks to St Govan's Head

2027

CODE OF CONDUCT FOR SEALS

Please avoid all coves, caves and bays with seals or seal pups in them from **15 July to 30 November**